

Hello!

With spring in full bloom, it's the perfect time to embrace new beginnings and celebrate the journey of motherhood.

We're thrilled to invite all expecting parents to join us for our Baby Bump Social on April 11th, where you can meet other expecting parents and we'll be offering invaluable insights and support to help you navigate this exciting chapter.

Hope to see you around soon!



Gabriela Gerhart,
Motherhood Center Founder & President

Gabriela Gerhart

Check Out Our Nanny Reviews



★★★★★

We absolutely love our **nanny** Christina! She is so wonderful with Mason, I don't think I could have found a better person to care for him. She's so patient and loving with him.

-Tiffany B



★★★★★

Everything is going well with our **nanny** Gwen. We really appreciate her timeliness, professionalism and dependability and flexibility. We are fortunate to have her caring for our little one.

-Ahana C



[Learn More](#)

April Baby Bump Social

Celebrate your pregnancy at our Baby Bump Social on **Thursday, April 11, 6:00 - 7:30 PM.**

This complimentary event is a fun opportunity for you to mingle with other expecting moms and dads, enjoy light refreshments, enter our raffle to win prizes, tour Motherhood Center, take photos, and ask our experts your questions.

Raffle Prizes Include:

- 60 Minute Prenatal Massage
- Newborn Care or Breastfeeding or CPR Education Class for a Couple
- 5 Class Fitness Pass (Yoga/Pilates)
- ... and more!

[Register Here](#)



Don't Wait, Sign Up Now for Education Classes!

We believe parents-to-be equipped with knowledge are more empowered for their parenthood journey.

All classes and information sessions are taught by certified professionals, registered nurses, or physicians, and we limit enrollment to create an intimate environment that encourages conversation between our expert team and other parents.

[View Classes](#)

Cesarean Awareness Month

April is **Cesarean Awareness Month**.

A C-section is a delivery made through a cut in the mother's abdomen and uterus. The latest numbers from the CDC show that 32.1% of births in the United States were C-section births.

At the Motherhood Center, we aim to empower all with knowledge, support, and education during their pregnancy and motherhood journey. Our blog shares many posts about C-sections and postpartum care.

Join our weekly Mom's Talk session in person if you want to share your experience and connect with others.

[Learn More](#)

