

# THE MOTHERHOOD CENTER

The Support All Mothers Need

3701 W. Alabama, Suite 230  
Houston, TX 77027  
www.MotherhoodCenter.com  
713.963.8880

## Pricing:

1 Class - \$15

5 Class Pass - \$70  
(Expires in 2 Months)

10 Class Pass - \$130  
(Expires in 5 Months)

20 Class Pass - \$240  
(Expires in 6 Months)

# Yoga & Fitness Schedule

	Mon	Tues	Wed	Thurs	Fri	Sat
Sunrise Yoga		7:30-8:30 AM Marjie		7:30-8:30 AM Candice		
Mom & Baby Yoga <small>BYOB (Bring Your Own Baby)</small>		10:30-11:15 AM Tara		10:30-11:15 AM Tara		
Prenatal Yoga	10:00-11:00 AM Tara 5:45-6:45 PM Marjie	9:15-10:15 AM Marjie 6:00-7:00 PM Jamie	11:00-12:00 PM Tara 5:45-6:45 PM Marjie	9:15-10:15 AM Marjie 5:45-6:45 PM Candice 7:00-8:00 PM Candice	10:30-11:30 AM Marjie	9:00-10:00 AM Candice 10:15-11:15 AM Candice
Hatha Yoga					9:15-10:15 AM Marjie	

If you are interested in a private or semi private yoga lesson please call 713.963.8880