



THE MOTHERHOOD CENTER



When it comes to getting ready for baby, shopping can become an overwhelming task. Here at The Motherhood Center we assist through helping you know what to buy, how many and what you really need! We even include some mom-tested, mom-approved solution-based products that will make life with baby even easier. As an added bonus, we offer many services that other businesses do not have! So go ahead, put a massage and a Baby Nurse on your registry along with other must haves. Come by the center, register online at motherhoodcenter.com, or just call us if you would like some help. We can match your needs to the best products and services for you! We will even create your registry for you to help you get started!

Call us today at 713-963-8880.

Look for updates by following The Motherhood Center on Facebook and Twitter!

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

E-mail: _____

OB/GYN or Midwife: _____

How you heard about us: _____

Due Date/ Shower Date: _____

Motherhood Center Exclusives

- Photography for any occasion
- TMC Wellness Packages
- TMC Pregnancy Packages
- TMC Labor Doula Packages
- TMC Baby Nurse Packages
- Spa Services
- Baby Classes
- Breastfeeding Class
- CPR Class
- Newborn Care Class (Multiples classes also available)
- Prepared Childbirth Class
- Nanny/Babysitter Services

- Labor Doula Services
- Baby Nurse Services
- Custom Embroidery
- Motherhood Center Membership

Equipping the Nursery

- Crib
- Heaven Sent Mattress
- Heaven Sent Base
- Aden and Anais Sleep Sacks
- Changing table or dresser
- Changing Pad and 2-3 Covers
- Nightlight

- Air Purifier
- Artwork
- Rug
- Diaper Pail
- 4 pack of Aden and Anais Swaddle Blankets
- Glider
- Baby Monitor

Parent's Room

- Nap Nanny Chill
- 1-2 extra sheets
- Nightlight
- Changing Pad
- Diaper Caddy (stocked with diapering supplies and an extra outfit)
- Basket stocked with Aden and Anais Burp Cloths/Bibs, Nose Frida Aspirator, and Medela Breastfeeding Accessories
- My Brest Friend Nursing Pillow

Layette

- Take Me Home Outfit *Embroidered at The Motherhood Center
- 2-3 Aden and Anais Sleep Sacks
- 5-8 Bodysuits
- 5-8 Pairs of socks or booties
- 5-8 Pairs of Pants

Breastfeeding

- My Brest Friend Nursing Pillow
- Nursing Pads Disposable and Reusable Cotton or Bamboo
- Gel Pads for engorgement
- More Milk Plus or Fenugreek Supplements for Increased Milk Production

- Nursing Cover – Bebe Au Lait or Hooter Hiders
- Aden and Anais Burp Cloths/Bibs
- Breast Milk Storage Cups or Bags
- Breast Pump to buy or rented here at the
- 2-3 Nursing Bras
- MilkScreen
- Motherlove or Medela Nipple Creams

Bottle Feeding

- 12-16 Brest Flow Bottles
- Medela Quick Clean Micro Steam Bags
- Aden and Anais Burp Cloth/Bibs

Bath Time

- Hooded Towel
- Tummy Tub
- Puj Tub
- Cool Bottoms PH Balancing Diaper Cream

The Medicine Cabinet

- Nose Frida Nasal Aspirator
- Cool Bottoms Diaper Rash Cream
- Peggie Pop Morning Sickness Drops
- Milkscreen
- Teething Ring by Vulli

Comforting Baby

- Lovie Blankie (once your baby takes to one, buy 2 more of the same blankie and change them out frequently) ie; Little Giraffe, or Organic Thermal
- Pacifiers – Gum drop or Sothie

- Wubanub (for those babies with Soothie Pacifiers)
- Glider for rocking baby
- Aden and Anais Swaddle Blankets

Play Time

- Colorful Toys
- Chick - itas
- Apple Park Soft Blocks
- Egg Shakers

Baby Wearing

- Baby K'Tan, Kangaroo Pouch, Snuggly Sling, Traditional Ring Sling

Just For Mom

- Belly Bandit - Bamboo
- C-Section Recovery Kit
- C-Panty
- More Milk Plus or Fenugreek Breastfeeding Supplements
- Shrinkx Hips
- Nipple Butter – Medela or Motherlove
- Pregnancy Wedge Pillow
- Baby Memory Book
- Baby Brag Book
- Mama Mio Products
- Heartstrings Visualizations for Pregnancy
- Modern Meditations CD's
- Yoga Mat and Bag for classes at The Motherhood Center

Just For Dad

- Due Dads DVD's
- Baby Brag Book
- Baby K'tan in Dad's Size

Baby Gets Older

- Musical Instruments
- Books
- Rody
- Lil Looster
- Hair Accessories
- Laminated Art Smocks

Great Solutions To Make Life With Baby Easier

- [Nap Nanny](#)(Colic, GURD, Nasal congestion, Extra sleep surface)
- [Nosefrida](#)(Nasal Congestion)
- [Wubanub](#) (allows baby to grasp pacifier easier)
- [Sophie](#)(wonderful teether and stimulates five senses)
- [Aden and Anais](#) (swaddle blankets, burp clothes/bibs, sleep sacks)
- [Happiest Baby on the Block](#) (A Must have for new Parents)
- [Puj Tub](#) (easy bathing for newborns and infants)
- [A Baby Nurse exclusively from The Motherhood Center](#) (sleep, bond, and transition more easily with the help of an experienced Baby Nurse)